



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ben Gloria**

**2023 RUSSELL TURKEY TROT 5K**

**21:31.6**

**November 23rd, 2023**

33 out of 476 Finishers

26 out of 235 Male participants

7 out of 31 Males in your age group