



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## Heather Waugh

**CHEER CHASE 5K Presented By The Ashland Varsity  
Cheerleaders**

**29:26.5**

**December 3rd, 2023**

15 out of 76 Finishers

9 out of 56 Female participants

1 out of 5 Females in your age group