



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## **Lauryn Meadows**

**5th Annual LUMINARY 5K Presented By Armstrong**

**30:41.2**

**November 16th, 2023**

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31 out of 69 Finishers

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9 out of 36 Female participants	1 out of 4 Females in your age group
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