



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## **Ryan Souders**

**4th Annual THAT DAM 5K/5 MILER**

**34:48.7**

**April 13th, 2024**

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16 out of 66 Finishers

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9 out of 15 Male participants

2 out of 2 Males in your age group