



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Isaac Howard**

**4th Annual THAT DAM 5K/5 MILER**

**51:27.7**

**April 13th, 2024**

13 out of 66 Finishers

10 out of 14 Male participants

1 out of 1 Males in your age group