



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ariona Bowen**

**Tunnel to Towers Nelsonville 5K**

**46:51.1**

**April 28th, 2024**

244 out of 465 Finishers

123 out of 257 Female participants

23 out of 32 Females in your age group