



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Alex Stafford**

**3rd Annual RUN FOR BLUE 5K run to remember**

**30:57.2**

**March 30th, 2024**

29 out of 62 Finishers

21 out of 33 Male participants

3 out of 4 Males in your age group