



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Ben Howard**

**White Gravel Mines Extreme Run 24 Overall Results**

**53:07.7**

**June 15th, 2024**

87 out of 270 Finishers

66 out of 133 Male participants

9 out of 25 Males in your age group