



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Alissa Parker**

**2nd Annual RAM RUN 5K**

**30:59.7**

**October 25th, 2014**

37 out of 223 Finishers

14 out of 156 Female participants

4 out of 37 Females in your age group