



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Kristy Armstead**

**2nd Annual HHS Showchoir RED HOT 5K**

**33:40.6**

**November 8th, 2014**

248 out of 273 Finishers

146 out of 162 Female participants

22 out of 25 Females in your age group