



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Shannon Beish

**2nd Annual HHS Showchoir RED HOT 5K**

# 28:27.3

**November 8th, 2014**

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218 out of 273 Finishers

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128 out of 162 Female participants	7 out of 10 Females in your age group
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