



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Craig Pukall

**2nd Annual HHS Showchoir RED HOT 5K**

# 30:49.3

**November 8th, 2014**

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230 out of 273 Finishers

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96 out of 111 Male participants	9 out of 9 Males in your age group
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