



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## Heather Harper

**Trick or Trot 5K**

**30:05.4**

**October 25th, 2014**

310 out of 817 Finishers

126 out of 443 Female participants

30 out of 105 Females in your age group