



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Frank "Fragale Jr"**

**Trick or Trot 5K**

**25:30.3**

**October 25th, 2014**

129 out of 817 Finishers

91 out of 374 Male participants

3 out of 30 Males in your age group