



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Shelia Howard

**Fisher Fall 5K**

# 55:32.4

**September 13th, 2014**

---

56 out of 56 Finishers

---

35 out of 35 Female participants	2 out of 2 Females in your age group
----------------------------------	--------------------------------------