



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Jim Adams**

**Glow Run & Walk 5K**

**23:03.4**

**September 20th, 2014**

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8 out of 28 Finishers

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7 out of 16 Male participants	2 out of 2 Males in your age group
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