



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Allen Long**

**2015 Capital City Challenge**

**1:22:54.2**

**September 19th, 2015**

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10 out of 41 Finishers

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2 out of 9 Male participants	1 out of 1 Males in your age group
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