



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Karen Sowards**

**Run for the Roar, Future Lions Summit Elementary/Ponderosa  
Elementary 5k run/walk**

**1:20:39.0**

**April 15th, 2012**

807 out of 825 Finishers

524 out of 537 Female participants

37 out of 37 Females in your age group