



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

## **Kandace Freeman**

**John Adams Middle School Spring Thaw 5k Run and Walk**

**46:44.6**

**April 14th, 2012**

488 out of 562 Finishers

226 out of 281 Female participants

17 out of 22 Females in your age group