



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Nicholas Ludwig**

**John Adams Middle School Spring Thaw 5k Run and Walk**

**37:39.5**

**April 14th, 2012**

---

412 out of 562 Finishers

---

241 out of 283 Male participants	25 out of 27 Males in your age group
----------------------------------	--------------------------------------