



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## John Landers

**John Adams Middle School Spring Thaw 5k Run and Walk**

# 59:29.8

**April 14th, 2012**

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556 out of 562 Finishers

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282 out of 283 Male participants	19 out of 19 Males in your age group
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