



# TriStateRacer.com

*Promoting Fitness and Raising Millions for Charity*

## Keith Dabbs

**John Adams Middle School Spring Thaw 5k Run and Walk**

# 24:20.9

**April 14th, 2012**

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130 out of 562 Finishers

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104 out of 283 Male participants	8 out of 30 Males in your age group
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