



TriStateRacer.com
Promoting Fitness and Raising Millions for Charity

Shelly Long

John Adams Middle School Spring Thaw 5k Run and Walk

35:34.5

April 14th, 2012

388 out of 562 Finishers

153 out of 281 Female participants	7 out of 22 Females in your age group
------------------------------------	---------------------------------------