



**TriStateRacer.com**  
*Promoting Fitness and Raising Millions for Charity*

**Sarah Bocook**

**John Adams Middle School Spring Thaw 5k Run and Walk**

**26:29.7**

**April 14th, 2012**

184 out of 562 Finishers

42 out of 281 Female participants

4 out of 32 Females in your age group